



GREYTHORN PRIMARY

"Engaging hearts, equipping minds, opening doors"

Summer Term

Weekly Newsletter

3rd July 2026

DATES FOR THE DIARY

MONDAY 6th & WEDS 8th JULY

Year 5/6 Performance

FRIDAY 10th JULY

9.15am Toddler Stay & Play
5pm – 7pm Summer Picnic

TUESDAY 14th JULY

2.30pm Summer Concert
6.30pm Summer Concert

SUNDAY 19th – 23rd JULY

Year 6 – York Residential

FRIDAY 24th July

Last Day at School

MONDAY 27th July

INSET Day

THURSDAY 3rd SEPTEMBER

Children return to School

2026/27 TERM DATES

Autumn Term

1 September – 16 October 2026
2 November – 18 December 2026

Spring Term

4 January – 12 February 2027
22 February – 25 March 2027

Summer Term

12 April – 28 May 2027
7 June – 28 July 2027

INSET: 1 Sept, 2 Sept, 16 Oct, 22 Feb, 7 June



A MESSAGE FROM YOUR HEADTEACHER

Dear Parents and Carers,

The cooler temperatures made for perfect conditions for our Super Sports afternoons. A huge thank you to Miss Myers and TB Sports for organising two wonderful afternoons of sporting fun, teamwork and resilience. The children were fantastic and demonstrated our Greythorn values throughout. Thank you also to all the parents and carers who came along and supported so enthusiastically. Now, we look forward to next week's Y5/6 Summer Play. I hear we're in for a real treat!

Mrs Carpenter



THIS WEEK'S HIGHLIGHTS

Foundation

In Foundation this week, we have been linking our writing to our enquiry learning. The children had some great knowledge of what life is like around the world and enjoyed writing their facts.



India is in asia.
Deepol wear bright saris.
India has spicy food.



In the uk we start school
at 4.
Houses in the uk are made
from brick.



China is in Asia
Schools in china are big.



In india they wear
henna
In india they celebrate
Diwali



In china they use
chopsticks to eat.
The china flag is red
with stars.



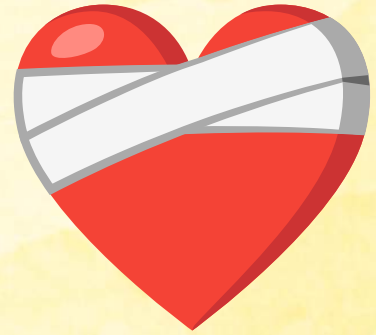
we eat in Europe.
people eat fish and
chips in the uk.

THIS WEEK'S HIGHLIGHTS



Year 1/2

Year 1/2 have been exploring the theme of forgiveness in RE. The children thought carefully about what it means to forgive others and discussed how forgiveness can help to build kind and positive relationships. They then created some fantastic comic strips, using their own drawings and speech bubbles to illustrate different scenarios of forgiveness. It has been wonderful to see their creativity, thoughtful ideas, and growing understanding of the importance of forgiveness.



FORGIVE
AND BE
Forgiven



THIS WEEK'S HIGHLIGHTS



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Summer Family Picnic

WE WANT
YOU!

YEAR GROUP HAMPER.

AS PART OF THIS YEAR'S RAFFLE WE ARE GOING TO FEATURE A HAMPER FROM EACH YEAR GROUP.

THIS HAMPER CAN CONTAIN ITEMS FOR BOTH ADULTS AND CHILDREN. ALL ITEMS MUST BE NON-PERISHABLE AND NOT CONTAIN NUTS.

IDEAS INCLUDE; TOYS, GAMES, GIFT, BEAUTY PRODUCTS, VOUCHERS, FOODS, DRINKS, CRAFTS.

PLEASE LIASE WITH YOUR FOGSA YEAR GROUP REPRESENTATIVE AND DONATE



FOGSA NEWS



The Summer Picnic is getting closer and we are so low on volunteers meaning we will have to cancel some activities.

Could you spare just 30 minutes to volunteer on one of our stalls? We need help with the bar, sweet stall, surprise bags, tombola, inflatables, Beat the Goalie and more.

If we can't fill the volunteer slots, unfortunately we won't be able to run everything we've planned.

If you can help, please sign up here:
volunteersignup.org/TDJWR

Thank you so much for your support – we couldn't do it without you! 🎉



Week 1

Week commencing

13th April, 4th May,
15th June, 6th July

SPRING Summer MENU 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Cheesy tomato pasta Gluten Milk Mustard Soya with garlic bread Gluten Milk Soya & vegetable sticks	Pinwheel pizza Gluten Milk with diced potato & mixed salad	Beef burger Gluten Sesame Sulphur Dioxide OR Southern Style Quorn Burger Gluten Sesame with potato balls & crunchy vegetable sticks	Venison, Beef & Pork sausage Gluten Sulphur Dioxide OR Linda McCartney™ sausage Gluten Soya Sulphur Dioxide with mashed potato & gravy	Fish Gluten Fish OR Fishless fingers Gluten with chips, peas & tomato ketchup
	Available daily: Sliced bread Gluten Soya & fresh fruit				
Pudding	Fruit ice lolly	Iced school cake Gluten Egg Milk & custard Milk	Chocolate crispie Gluten	Yoghurt Milk	Banana mousse Milk with a shortbread crumb Gluten

TODDLER STAY AND PLAY

A VERY WARM WELCOME

AWAITS YOU

AND YOUR CHILDREN

For Parents/Carers with Children (age 0 – 4 yrs) living in the
local community

Come and join us for playtime, chat and refreshments



Free of Charge

Friday
9.15AM – 10.15AM

10th July



COMMUNITY NEWS

Centre and online tuition

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NOTTS
GYMNASTICS
ACADEMY



FREE

OPEN DAY!

TURN UP, HAVE A GO, SIGN UP!

GYMNASTICS SESSIONS

PRESCHOOL Walking - 4 Years	3:30- 4:00PM
GYMSCHOOL 4-6 Years	4:00- 4:30PM
GYMSCHOOL 7+ Years	4:30- 5:00PM

DANCE & AERIAL SESSIONS

4-6 YEARS	3:30- 4:00PM
7+ YEARS	4:00- 4:30PM
PRESCHOOL	4:30- 5:00PM



SATURDAY 11th JULY 2026



NOTTS GYMNASTICS ACADEMY BASED ON
THE RUSHCLIFFE SPENCER ACADEMY SITE

INFO@NOTTSGYMNASTICSACADEMY.CO.UK / DM-STUDIOS@MAIL.COM

ATTENTION



ATTENTION

Parking

Please do not use **Hyde Park Close** to park on or for dropping off. The road does not have a pavement and it is not safe to be manoeuvring around pedestrians in such a small space. The same applies to **Uppingham Crescent** and **Regents Park Close**. Please do not park on this road or on the pavement. Pavement parking leaves very little space for school pedestrians, making it unsafe, and parked cars are also causing difficulties for vehicles trying to pass along the road.

ATTENTION



ATTENTION

News from St. Paul's church

When the Nottingham Bluecoat Singers return to St. Paul's church, Boundary Road, West Bridgford on **Sunday 5th July at 2.30pm**, they will be joined for the very first time by drumming prodigy, Lucas Jones. Despite being just ten years old, Lucas 'beat' off all competition to win the percussion section of Nottingham University's 'Nottingham Young Musician of the Year' competition 2025/6. This is a unique chance show your support for one of Nottingham's talented young musicians, enjoy a great musical programme and contribute to a great local cause....all this with one simple purchase. You could be watching a future John Bonham or Ginger Baker in the making!

Tickets are £10 including refreshments and can be bought from the Café on the Corner at the church, by phoning 01159 531903, with proceeds being shared with St. Paul's Memory and Movement group. As it's a special occasion involving up and coming young musical talent, Bluecoat are delighted to offer a seat to any child for just £5.....tickets on the door on the day or by phoning to obtain this discount.



COMMUNITY NEWS



Coffee Morning

Fundraising for West Bridgford South
Trent Girlguiding for Chamboree 2026



Saturday 4th July 2026, 9am- 12pm

West Bridgford Methodist Church
on the corner of Musters Road and Patrick Road

Cakes – Teas – Coffee – Breakfast Baps

Donations of Cakes – Homemade or Shop Bought
please (provide ingredient details)



10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.

5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.

8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.

10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



The National College